

SONG LYRICS

Enter, Rejoice and Come In

By Louise Ruspini

En-ter, re-joice and come in.
En-ter, re-joice, and come in.
To-day will be a joy-ful day;
En-ter, re-joice, and come in.

O-pen your ears to the song.
O-pen your ears to the song.
To-day will be a joy-ful day;
En-ter, re-joice, and come in.

O-pen your hearts ev-'ry-one.
O-pen your hearts ev-'ry one.
To-day will be a joy-ful day;
En-ter, re-joice, and come in.

Don't be a-fraid of some change.
Don't be a-fraid of some change.
To-day will be a joy-ful day;
En-ter, re-joice, and come in.

En-ter, re-joice, and come in.
En-ter, re-joice, and come in
To-day will be a joy-ful day;
En-ter, re-joice, and come in.

Meditation on Breathing

By Sarah Dan Jones

Breathe in, breathe out.
Breathe in, breathe out.

When I breathe in,
I'll breathe in peace.
When I breathe out,
I'll breathe out love.

Power of Now

by Faith Rivera

The power of now
Is always present
Nowhere to be than where you are
The power of now
Flows oh so gracefully
The power of now
Is always perfect
Nothing to be than who you are
The power of now
Flows oh so easily

Be willing to let go of everything
You think you need to know, oh
Be strong enough to let go
Of everything you think
You need to control
For everything goes away
Let everything wash away
The power of now....

The power of now is ever flowing
Connecting us all to the One
The power of now
Unfolds so peacefully

Be willing to let go of everything
You think you need to know, oh
Be strong enough to let go
Of everything you think
You need to control
For everything goes away
Let everything wash away
The power of now
The power of now
The power of now
The power of now

Filled with Loving Kindness

Music by Ian W. Riddell

Words by Buddhist meditation,

Adapted by Mark W. Hayes

May I be filled
With lov-ing kind-ness.
May I be well.
May I be filled
With lov-ing kind-ness.
May I be well.
May I be peace-ful and at ease.
May I be whole.

May you be filled
With lov-ing kind-ness.
May you be well.
May you be filled
With lov-ing kind-ness.
May you be well.
May you be peace-ful and at ease.
May you be whole.

May we be filled
With lov-ing kind-ness.
May we be well.
May we be filled
With lov-ing kind-ness.
May we be well.
May we be peace-ful and at ease.
May we be whole.

May all be filled
With lov-ing kind-ness.
May all be well.
May all be filled
With lov-ing kind-ness.
May all be well.
May all be peace-ful and at ease.
May all be whole.